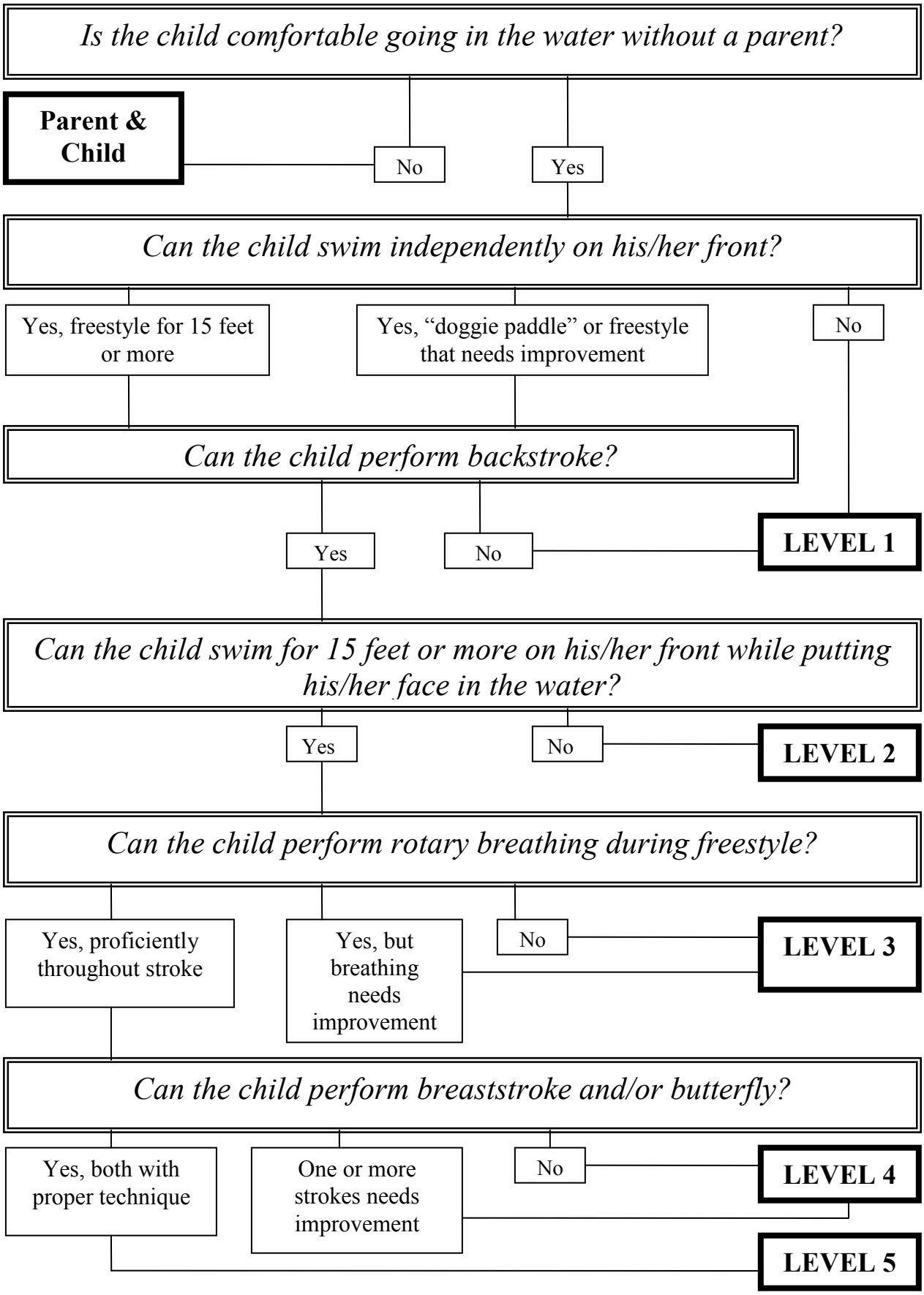
Is the child comfortable going in the water without a parent?
Parent & Child
No
Yes
Can the child swim independently on his/her front?
Yes, freestyle for 15 feet or more
Yes, "doggie paddle" or freestyle that needs improvement
No
Can the child perform backstroke?
Yes
No
LEVEL 1
Can the child swim for 15 feet or more on his/her front while putting his/her face in the water?
Yes
No
LEVEL 2
Can the child perform rotary breathing during freestyle?
Yes, proficiently throughout stroke
Yes, but breathing needs improvement
No
LEVEL 3
Can the child perform breaststroke and/or butterfly?
Yes, both with proper technique
One or more strokes needs improvement
No
LEVEL 4
LEVEL 5