

The Jamie McKeown Boys & Girls Club is a non-profit organization. We depend on the generosity of people in the community in order to offer the highest quality programs to the youth we serve. Your support is always needed and appreciated.

Ways you can help:

- Play/Sponsor our Golf Tournament
- Gifts in Honor/Celebration/ Tribute
- Volunteer your time!
- Memorial Gifts
- United Way Designations
- Material/In-Kind Donations

Thank you for your support!

An affiliate of



and



Boys & Girls Club of Woburn
Charles Gardner Lane
Woburn, MA 01801
E-mail: c.cullinane@bgcwoburn.org

Club Member Swim Lessons



Fall I 2018

Registration begins Wednesday September 12th at 9:00 a.m.



www.bgcwoburn.org

Swim Lesson Information

- Swim Lessons are offered on a firstcome, first-served basis. All lessons are 30 minutes long.
- Swim lessons are free to members.*
- Must have a current membership and attend an orientation to qualify for free lessons
- Please read the class schedule & pool rules prior to the first class.
- Please contact Aquatics Director Casey Cullinane at 781-935-3777 or by email at c.cullinane@bgcwoburn.org with any questions.
- Class schedule and class size are subject to change
- No refunds or make-ups for missed classes
- Must attend 4 out of the 6 classes to qualify for early registration next session.
- All swimmers MUST sign in & out using their membership cards at the Front Desk.
- Swimmers should arrive on deck no more than 5 minutes prior to their swim lesson.

Additional Programs: Lucky's Lobsters Swim Team

Swim team is open to swimmers ages 6-18 and competes against local Boys & Girls Clubs.

Parent informational meeting:

September 10th 6:30pm

Try-outs: (choose one night to attend)

September 11th, 12th, or 13th 6:30pm

For more information contact Coach Anthony at

coachanthony@verizon.net

Free Swim

Mondays 4:30-5:30pm, open to members only

Fall I 2018 Schedule

(Class code located in left column, Instructor to student ratio in right column)

Level 1: Introduction to Water Skills

1M	Wednesdays 4:00pm	1:4
2M	Saturdays 10:00am	1:4
3 M	Saturdays 11:00am	1:4

Level 2: Fundamental Aquatic Skills

4 M	Wednesdays 4:30pm	1:4
5 M	Thursdays 4:00pm	1:4
6 M	Saturdays 9:30am	1:4
7M	Saturdays 11:00am	1:4

Level 3: Stroke Development

8 M	Wednesdays 5:00pm	1:4
9 M	Saturdays 10:30am	1:4
10M	Saturdays 11:30am	1:4
11M	Saturdays 12:00pm	1:4

Level 4: Stroke Improvement

12M	Wednesdays 4:30pm	1:6
13 M	Wednesdays 5:00pm	1:6
14M	Saturdays 9:30am	1:6

Level 5: Stroke Refinement

15M	Wednesdays 5:00pm	1:6
16M	Thursdays 5:00pm	1:6
17M	Saturdays 9:30am	1:6

Fall swim lessons begin Tuesday, September 18th, 2018

Swimmers must become a member at time of registration, we will not hold spots!

Lessons are **free*** for members

*One class per session.

PLEASE PRINT CLEARLY

Child #4

Namo:	Λαο:
Name: ARC Class Level: Class Code: Class Day & Time:	
Child #2 Name: ARC Class Level: Class Code: Class Day & Time:	
Child #3 Name: ARC Class Level: Class Code: Class Day & Time:	
Guardian Name: Cell Phone:	
Address:Email:	-

^{*}One class per session.