

# About the Boys & Girls Club

The Jamie McKeown Boys & Girls Club is a non-profit organization. We depend on the generosity of people in the community in order to offer the highest quality programs to the youth we serve. Your support is always needed and appreciated.

## Ways you can help:

- Play/Sponsor our Golf Tournament
- Gifts in Honor/Celebration/ Tribute
- Volunteer your time!
- Memorial Gifts
- United Way Designations
- Material/In-Kind Donations

**Thank you for your  
support!**

An affiliate of



and



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# Club Member Swim Lessons



## Fall II 2018

Registration begins  
Tuesday October 30th  
at 9:00 a.m.



**JAMES L. MCKEOWN  
BOYS & GIRLS CLUB  
OF WOBURN**

[www.bgcwoburn.org](http://www.bgcwoburn.org)

## Swim Lesson Information

- Swim Lessons are offered on a first-come, first-served basis. All lessons are 30 minutes long.
- Swim lessons are free to members.\*
- Must have a current membership and attend an orientation to qualify for free lessons
- Please read the class schedule & pool rules prior to the first class.
- Please contact Aquatics Director Casey Cullinane at 781-935-3777 or by email at c.cullinane@bgcwoburn.org with any questions.
- Class schedule and class size are subject to change
- No refunds or make-ups for missed classes
- **Must attend 4 out of the 6 (or 3 out of 5) classes to qualify for early registration next session.**
- All swimmers **MUST** sign in & out using their membership cards at the Front Desk.
- Swimmers should arrive on deck no more than 5 minutes prior to their swim lesson.

\*One group lesson per session.

## Additional Programs:

### Lucky's Lobsters Swim Team

Swim team is open to swimmers ages 6-18 and competes against local Boys & Girls Clubs. For more information contact Head Coach Anthony Fiore at: coachanthony@verizon.net

### Free Swim

Mondays 4:30-5:30pm, open to members only

## Fall II 2018 Schedule

(Class code located in left column, Instructor to student ratio in right column)

### Level 1: Introduction to Water Skills

|    |                   |     |
|----|-------------------|-----|
| 1M | Wednesdays 4:00pm | 1:4 |
| 2M | Saturdays 10:00am | 1:4 |
| 3M | Saturdays 11:00am | 1:4 |

### Level 2: Fundamental Aquatic Skills

|    |                   |     |
|----|-------------------|-----|
| 4M | Wednesdays 4:30pm | 1:4 |
| 5M | Thursdays 4:00pm  | 1:4 |
| 6M | Saturdays 9:30am  | 1:4 |
| 7M | Saturdays 11:00am | 1:4 |

### Level 3: Stroke Development

|     |                   |     |
|-----|-------------------|-----|
| 8M  | Wednesdays 5:00pm | 1:4 |
| 9M  | Fridays 4:00pm    | 1:4 |
| 10M | Saturdays 9:30am  | 1:4 |
| 11M | Saturdays 10:30am | 1:4 |

### Level 4: Stroke Improvement

|     |                   |     |
|-----|-------------------|-----|
| 12M | Wednesdays 4:30pm | 1:6 |
| 13M | Wednesdays 5:00pm | 1:6 |
| 14M | Saturdays 9:30am  | 1:6 |
| 15M | Saturdays 11:00am | 1:6 |

### Level 5: Stroke Refinement

|     |                   |     |
|-----|-------------------|-----|
| 16M | Wednesdays 5:00pm | 1:6 |
| 17M | Thursdays 5:00pm  | 1:6 |
| 18M | Saturdays 9:30am  | 1:6 |

### Private Lessons \$125 for 5 weeks

|    |                |     |
|----|----------------|-----|
| 1p | Fridays 4:30pm | 1:1 |
| 2p | Fridays 5:00pm | 1:1 |
| 3p | Fridays 5:30pm | 1:1 |

**Fall II swim lessons begin  
Tuesday, November 6th, 2018**  
Swimmers must become a member at time of registration, we will not hold spots!  
Lessons are **free\*** for members  
\*One group lesson per session.

### PLEASE PRINT CLEARLY

#### Child #1

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_

Class Day & Time: \_\_\_\_\_

#### Child #2

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_

Class Day & Time: \_\_\_\_\_

#### Child #3

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_

Class Day & Time: \_\_\_\_\_

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Guardian Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_