

Something for Everyone

@ the James L. McKeown Boys & Girls Club of Woburn

DON'T FORGET!



Club-wide, Every Day until 3:30 p.m.
Don't forget your homework or a book to read every day afterschool!
We encourage all of our members to complete their work and there are no other options at the Club during this time.

GIRLS' ONLY.



Girls' Running

Thursdays @ 6:00 p.m.

Join us to train for the Club's 5k! Girls must be properly dressed and wearing sneakers to participate.



SMART Girls - MS Members

Tuesdays @ 4:00 p.m.

SMART Girls - Elem. Members

Fridays @ 4:00 p.m.

*What is important to you?
Join other girls at the Club in fun,
inactive weekly meetings.*

WINTER LEAGUES

These intramural leagues are designed to create fun competition amongst our Club members. Members signing up in this league must commit to weekly games & work hard to be at the Club ready to play each week.

Soccer League

Mondays

Elementary Members @ 4:00 p.m.

Middle School Members @ 5:00 p.m.

Email Katie, ksullivan@socialcapitalinc.org, to sign up.

Dodgeball League

Thursdays

Elementary Members @ 4:00 p.m.

Middle School Members @ 5:00 p.m.

Email Dave, d.maestri@bgcwoburn.org, to sign up.

FREE SWIM

MONDAYS 4:30 P.M. TO 5:30 P.M.



All Club members are encouraged to bring their swim suit & a towel to participate in free swim each week. Members must bring a dry set of clothes to change into after swim.

STAY ACTIVE.

Get moving with these fun, active gym programs @ the Club!



Club Card Choice

Tuesdays @ 4:00 p.m.

Members must bring their card!

Jetball

Tuesdays @ 5:00 p.m.



MS/HS Open Gym

Wednesdays @ 5:00 p.m.

Time for just our older members!



Kickball

Fridays @ 4:00 p.m.

Boys Running

Fridays @ 5:00 p.m.

Check the board daily for other fun!