

About the Boys & Girls Club

The Jamie McKeown Boys & Girls Club is a non-profit organization. We depend on the generosity of people in the community in order to offer the highest quality programs to the youth we serve. Your support is always needed and appreciated.

Ways you can help:

- Buy a Pot of Gold raffle ticket
- Gifts in Honor/Celebration/ Tribute
- Volunteer your time!
- Memorial Gifts
- United Way Designations
- Material/In-Kind Donations

**Thank you for your
support!**

An affiliate of



**BOYS & GIRLS CLUBS
OF AMERICA**

and



James L. McKeown
Boys & Girls Club of Woburn
Charles Gardner Lane
Woburn, MA 01801
E-mail: c.cullinane@bgcwoburn.org

Club Member Swim Lessons



Winter I 2019

Registration begins
Friday, January 4th
at 9:00 a.m.



**JAMES L. MCKEOWN
BOYS & GIRLS CLUB
OF WOBURN**

www.bgcwoburn.org

Swim Lesson Information

- Swim Lessons are offered on a first-come, first-served basis. All lessons are 30 minutes long.
- Swim lessons are free for members.*
- Must have a current membership and attend an orientation to qualify for free lessons
- Please read the class schedule & pool rules prior to the first class.
- Please contact Aquatics Director Casey Cullinane at 781-935-3777 or by email at c.cullinane@bgcwoburn.org with any questions.
- Class schedule and class size are subject to change
- No refunds or make-ups for missed classes
- **Must attend 4 out of the 6 classes to qualify for early registration next session.**
- All swimmers **MUST** sign in & out using their membership cards at the Front Desk.
- Swimmers should arrive on deck no more than 5 minutes prior to their swim lesson.

*One group lesson per session.

Additional Programs:

Lucky's Lobsters Swim Team

Swim team is open to swimmers ages 6-18 and competes against local Boys & Girls Clubs. For more information contact Head Coach Anthony Fiore at: coachanthony@verizon.net

Free Swim

Mondays 4:30-5:30pm, open to members only

Family Swim

Saturdays 1-2pm

\$3 for one person or \$5 per family

There will be no Family Swim on January 5th

Winter I 2019 Schedule

(Class code located in left column, Instructor to student ratio in right column)

Level 1: Introduction to Water Skills

1M	Fridays 3:30pm	1:4
2M	Saturdays 10:00am	1:4
3M	Saturdays 11:00am	1:4

Level 2: Fundamental Aquatic Skills

4M	Wednesdays 4:30pm	1:4
5M	Thursdays 4:00pm	1:4
6M	Saturdays 9:30am	1:4
7M	Saturdays 11:00am	1:4

Level 3: Stroke Development

8M	Thursdays 3:30pm	1:4
9M	Fridays 4:00pm	1:4
10M	Saturdays 9:30am	1:4
11M	Saturdays 10:30am	1:4

Level 4: Stroke Improvement

12M	Tuesdays 5:00pm	1:6
13M	Wednesdays 5:00pm	1:6
14M	Saturdays 9:30am	1:6
15M	Saturdays 11:00am	1:6

Level 5: Stroke Refinement

16M	Wednesdays 5:00pm	1:6
17M	Thursdays 5:00pm	1:6
18M	Saturdays 9:30am*	1:6
19M	Saturdays 12:00pm	1:6

Private Lessons: \$125 for 5 weeks

1p	Fridays 4:30pm	1:1
2p	Fridays 5:00pm	1:1
3p	Fridays 5:30pm	1:1
4p	Saturdays 12:00pm	1:1

*This class is designed as a skills clinic for competitive swimmers and requires Aquatics Director approval to join

Winter I swim lessons begin Tuesday, January 8th, 2019

Swimmers must become a member at time of registration, we will not hold spots!

Lessons are **free*** for members

*One group lesson per session.

PLEASE PRINT CLEARLY

Child #1

Name: _____ Age: _____

ARC Class Level: _____

Class Code: _____

Class Day & Time: _____

Child #2

Name: _____ Age: _____

ARC Class Level: _____

Class Code: _____

Class Day & Time: _____

Child #3

Name: _____ Age: _____

ARC Class Level: _____

Class Code: _____

Class Day & Time: _____

Guardian Name: _____

Cell Phone: _____

Home Phone: _____

Address: _____

Email: _____