

# About the Boys & Girls Club

The Jamie McKeown Boys & Girls Club is a non-profit organization. We depend on the generosity of people in the community in order to offer the highest quality programs to the youth we serve. Your support is always needed and appreciated.

## Ways you can help:

- Attend our annual Road Race or Golf Tournament
- Gifts in Honor/Celebration/ Tribute
- Volunteer your time!
- Memorial Gifts
- United Way Designations
- Material/In-Kind Donations

**Thank you for your  
support!**

An affiliate of



and



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# Club Member Swim Lessons



## Spring II 2019

Registration begins  
Wednesday April 24th  
at 9:00 a.m.



**JAMES L. MCKEOWN  
BOYS & GIRLS CLUB  
OF WOBURN**

[www.bgcwoburn.org](http://www.bgcwoburn.org)

## Swim Lesson Information

- Swim Lessons are offered on a first-come, first-served basis. All lessons are 30 minutes long.
- Swim lessons are free for members.\*
- Please read the class schedule & pool rules prior to the first class.
- Please contact Aquatics Director Casey Cullinane at 781-935-3777 or by email at c.cullinane@bgcwoburn.org with any questions.
- Class schedule and class size are subject to change.
- No refunds or make-ups for missed classes.
- Families enrolled in Spring II may register for Summer swim lessons on the last day of their class, so long as they have not missed more than 2 lessons in Spring I.
- All swimmers MUST sign in & out using their membership cards at the Front Desk.
- Swimmers should arrive on deck no more than 5 minutes prior to their swim lesson.

\*One group lesson per session. Must have current membership and completed orientation

## Additional Programs:

### Lucky's Lobsters Swim Team

Swim team is open to swimmers ages 6-18 and competes against local Boys & Girls Clubs. Spring/Summer swim team will start in May. For more information contact Head Coach Anthony Fiore at: coachanthony@verizon.net

### Free Swim

Open to Club members only  
Mondays 4:30-5:30pm  
Additional Free Swim beginning May 10th:  
Fridays 4:30-5:30pm

### Family Fun Swim

Saturdays 1-2pm  
\$3 for one person or \$5 per family  
*There will be no Family Swim on April 20th, April 27th, or May 25th*

## Spring II 2019 Schedule

(Class code located in left column, Instructor to student ratio in right column)

### Level 1: Introduction to Water Skills

1M	Tuesdays 4:00pm	1:4
3M	Saturdays 10:00am	1:4

### Level 2: Fundamental Aquatic Skills

4M	Wednesdays 4:30pm	2:8
5M	Thursdays 4:00pm	1:4
6M	Thursdays 5:00pm	1:4
7M	Saturdays 9:30am	1:4
8M	Saturdays 11:00am	2:8

### Level 3: Stroke Development

9M	Tuesdays 3:30pm	2:8
10M	Tuesdays 5:30pm	1:4
11M	Wednesdays 5:00pm	1:4
12M	Thursdays 3:30pm	1:4
13M	Saturdays 9:30am	1:4
14M	Saturdays 10:30am	1:4

### Level 4: Stroke Improvement

15M	Tuesdays 5:00pm	1:6
16M	Wednesdays 4:30pm	1:6
17M	Wednesdays 5:00pm	1:6
18M	Thursdays 5:30pm	1:6
19M	Saturdays 9:30am	1:6
20M	Saturdays 11:00am	1:6

### Level 5: Stroke Refinement

19M	Wednesdays 5:00pm	1:6
20M	Wednesdays 5:30pm*	1:7
21M	Thursdays 5:00pm	1:6
22M	Saturdays 9:30am*	1:7
23M	Saturdays 12:00pm	1:6

### Private Lessons:

1p	Tuesdays 5:30pm	1:1
2p	Saturdays 9:30am	1:1
3p	Saturdays 10:30am	1:1
4p	Saturdays 11:00am	1:1
5p	Saturdays 12:00pm	1:1

\*This class is designed as a skills clinic for competitive swimmers and requires Aquatics Director approval to join.

## Spring II swim lessons begin Tuesday, April 30th, 2019

Swimmers must become a member at time of registration, we will not hold spots!

Group lessons are free\* for members

\*One group lesson per session.

Private Lessons: \$175 for weekdays (7 classes)  
\$150 for Saturdays (6 classes)

## PLEASE PRINT CLEARLY

### Child #1

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_

Class Day & Time: \_\_\_\_\_

### Child #2

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_

Class Day & Time: \_\_\_\_\_

### Child #3

Name: \_\_\_\_\_ Age: \_\_\_\_\_

ARC Class Level: \_\_\_\_\_

Class Code: \_\_\_\_\_

Class Day & Time: \_\_\_\_\_

Guardian Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_