

About the Boys & Girls Club

The Jamie McKeown Boys & Girls Club is a non-profit organization. We depend on the generosity of people in the community in order to offer the highest quality programs to the youth we serve. Your support is always needed and appreciated.

Ways you can help:

- Attend our annual Road Race or Golf Tournament
- Gifts in Honor/Celebration/ Tribute
- Volunteer your time!
- Memorial Gifts
- United Way Designations
- Material/In-Kind Donations

**Thank you for your
support!**

An affiliate of



**BOYS & GIRLS CLUBS
OF AMERICA**

and



James L. McKeown
Boys & Girls Club of Woburn
Charles Gardner Lane
Woburn, MA 01801
E-mail: c.cullinane@bgcwoburn.org

Club Member Swim Lessons



Summer 2019

Registration begins
Wednesday June 26th
at 9:00 a.m.



**JAMES L. MCKEOWN
BOYS & GIRLS CLUB
OF WOBURN**

www.bgcwoburn.org

Swim Lesson Information

- Swim Lessons are offered on a first-come, first-served basis. All lessons are 30 minutes long.
- Swim lessons are free for members.*
- Please read the class schedule & pool rules prior to the first class.
- Please contact Aquatics Director Casey Cullinane at 781-935-3777 or by email at c.cullinane@bgcwoburn.org with any questions.
- Class schedule and class size are subject to change.
- No refunds or make-ups for missed classes.
- Families enrolled in Summer may register for Fall swim lessons on the last day of their class, so long as they have not missed more than 3 lessons in Summer
- All swimmers MUST sign in & out using their membership cards at the Front Desk.
- Swimmers should arrive on deck no more than 5 minutes prior to their swim lesson.

*One group lesson per session. Must have current membership

Additional Programs:

Lucky's Lobsters Swim Team

Swim team is open to swimmers ages 6-18 and competes against local Boys & Girls Clubs during the Fall/Winter season.

Spring/Summer swim team will start in May and run through the end of July. This session is practices only, meets will resume in the regular Fall season. New swimmers must make an appointment for an evaluation with the coach before registering.

For more information contact Head Coach Anthony Fiore at:
coachanthony@verizon.net

Summer 2019 Schedule

(Class code located in left column, Instructor to student ratio in right column)

Level 1: Introduction to Water Skills

1M	Wednesdays 10:30am	1:4
2M	Thursdays 10:30am	1:4

Level 2: Fundamental Aquatic Skills

3M	Wednesdays 10:00am	1:4
4M	Wednesdays 10:30am	1:4
5M	Thursdays 10:30am	1:4
6M	Fridays 10:30am	1:4
7M	Fridays 11:00am	2:8

Level 3: Stroke Development

8M	Mondays 11:00am	1:4
9M	Tuesdays 11:30am	1:4
10M	Wednesdays 11:00am	1:4
11M	Thursdays 10:00am	1:4
12M	Fridays 10:30am	1:4
13M	Fridays 11:30am	1:4

Level 4: Stroke Improvement

14M	Tuesdays 11:00am	1:6
15M	Wednesdays 10:30am	1:6
16M	Thursdays 11:30am	1:6
17M	Fridays 10:30am	1:6
18M	Fridays 11:30am	1:6

Level 5: Stroke Refinement

19M	Mondays 11:30am*	1:6
20M	Tuesdays 10:30am	1:7
21M	Wednesdays 11:30am	1:6
22M	Thursdays 10:00am	1:7
23M	Fridays 11:30am*	1:6

Private Lessons:

1P	Tuesdays 9:30am	1:1
2P	Wednesdays 9:30am	1:1
3P	Thursdays 9:30am	1:1
4P	Thursdays 11:00am	1:1
5P	Fridays 9:30am	1:1

*This class is designed as a skills clinic for competitive swimmers and requires Aquatics Director approval to join.

Summer swim lessons begin

Monday, July 8th, 2019

Swimmers must become a member at time of registration, we will not hold spots!

Group lessons are free* for members

*One group lesson per session.

Private Lessons: \$175

PLEASE PRINT CLEARLY

Child #1

Name: _____ Age: _____

ARC Class Level: _____

Class Code: _____

Class Day & Time: _____

Child #2

Name: _____ Age: _____

ARC Class Level: _____

Class Code: _____

Class Day & Time: _____

Child #3

Name: _____ Age: _____

ARC Class Level: _____

Class Code: _____

Class Day & Time: _____

Guardian Name: _____

Phone: _____

Address: _____

Email: _____